

Happier, Healthier Lives: A shared plan for Buckinghamshire ...”Buckinghamshire the place where all residents can Start Well, Live Well and Age Well”

Draft plan on a page

Strategic priority	Cross cutting themes: <ul style="list-style-type: none"> Encouraging people to support themselves and creating a culture of shared responsibility. Creating strong communities, supporting sustainable growth and protecting the environment 	Objectives	How will we do this?
Start Well		<ul style="list-style-type: none"> •Every Child has the best start in life •Children have the right environment and opportunities to adopt and maintain healthy lifestyles •Children in Buckinghamshire are Safe and Protected 	<ul style="list-style-type: none"> •We will work with partners to enable children and young people, particularly the most vulnerable to reach their full potential •We will seek out more feedback from local communities on what is happening in their areas to give children the best start in live •We will carry out pilot projects to make a difference
Live Well		<ul style="list-style-type: none"> •Residents in Buckinghamshire are equipped with the skills to live healthier lives •Residents are encouraged to have increased connectedness with their local community •Residents in Buckinghamshire are safe and protected 	<ul style="list-style-type: none"> •We will support every Community Board to have and promote an annual event on health in their areas and feedback to the Health and Wellbeing Board •We will follow up on community health events by identifying what the Council, NHS, Voluntary Sector, Community and Residents can do to make a difference and report on this annually. •We will continue work on Social Isolation and Social Connectedness as a shared priority. •We will enhance our organisational Workforce Programmes to focus on Wellbeing and Mental Health •We will oversee a shared population health approach to reduce health inequalities and reduce the negative impacts of the wider determinants of health •We will encourage sustainable growth and ensure the right environments for our residents to prosper and live happy, healthier lives.
Age Well		<ul style="list-style-type: none"> • Residents in Buckinghamshire enter older age with healthier behaviours • Older adults in Buckinghamshire will receive the right support at the right time. 	<ul style="list-style-type: none"> •We will deliver services in the community to enable people to live independently •We will adopt the "Home First" philosophy across the health and care system. •We will provide support to Community Boards and Primary Care Networks to enable them to support communities •We will identify and diagnose dementia at an early stage and support people, their families, carers and communities to help them manage their condition. •We will support carers in their caring role and in looking after their own health